



# Important Telephone Numbers

What?	Who? Person / Resource	Where? Address	How? Call this Number	When? Instructions
<b>Nearest Relative (Other than family)</b>		Local Address		
<b>Local Contact (Other than family)</b>		Local Address		
<b>Out-of-Area Contact</b>	<b>Day</b>	Name	Address	( )
	<b>Night</b>	Name	Address	( )
<b>Fire</b>		Local		
<b>Ambulance or Paramedics</b>	<b>Ambulance</b>	Local	<b>911</b>	
<b>Emergency Numbers 911 (or 1-911)</b>				
<b>Police / Sheriff</b>		Local		
<b>Hospital</b>	Name	Local		
<b>Family Doctor</b>	Name	Address		
<b>Pharmacy</b>	Name	Address		
<b>Poison Control</b>	Local	Address		
<b>Poison Control</b>	Regional	Address		
<b>Red Cross</b>	Name	Address		
<b>Utilities / Service Providers</b>				
<b>Electric Power</b>	Name	Address		
<b>Gas</b>	Name	Address		
<b>Water</b>	Name	Address		
<b>Sanitation / Trash</b>	Name	Address		
<b>Telephone</b>	Name	Address		
<b>Long Distance</b>	Name	Local		
<b>Babysitter</b>	Name	Local		
<b>Insurance Agent</b>	Name	Address		
<b>E-Mail / Internet</b>	Name	Address		