







PROVIDENT LIVING[®]
Self-Reliance in the 21st Century

FOOD STORAGE ORDER FORM

PRODUCT DESCRIPTION	 #2.5 CAN (QUART SIZE)					 #10 CAN (GALLON SIZE)					 BULK BAG OR BOX					 MYLAR-LINED SUPERPAIL				
	CODE	OZ.	PRICE	QTY	TOTAL	CODE	OZ.	PRICE	QTY	TOTAL	CODE	LB.	PRICE	QTY	TOTAL	CODE	LB.	PRICE	QTY	TOTAL
GRAINS																				
7 Whole Grain Mix			N/A			31410	83	\$8.44			31407	25	\$19.83			31409	42	\$48.48		
Amaranth, Organic			N/A			31418	88	\$17.97			31415	25	\$50.15			31417	45	\$101.83		
Barley, Pearl			N/A			31430	92	\$6.94			31426	25	\$14.65			31429	44	\$40.80		
Buckwheat, Hulled Organic			N/A			31437	85	\$13.91			37957	25	\$39.85			37960	42	\$81.50		
Corn, Whole Yellow Dent			N/A			31445	76	\$4.94			31444	50	\$20.00			31443	40	\$33.12		
Cornmeal, Yellow			N/A			31441	72	\$6.04			31440	50	\$21.98			31439	40	\$33.22		
Flax, Brown			N/A			31451	76	\$7.69			31447	25	\$21.64			31450	38	\$44.63		
Flax, Golden			N/A			37975	76	\$9.04			37976	25	\$27.08			37973	38	\$46.66		
Flour, All Purpose			N/A			31455	64	\$5.99			31452	50	\$23.85			31454	40	\$34.02		
Flour, Whole Wheat			N/A			31472	64	\$5.99			31469	25	\$12.29			31471	40	\$34.02		
Kamut, Organic			N/A			31480	85	\$10.36			31477	25	\$34.00			31479	42	\$71.45		
Millet, Hulled Organic			N/A			37984	84	\$12.86			37981	25	\$24.50			37983	43	\$55.76		
Oat Groats			N/A			31500	85	\$6.79			31496	25	\$16.42			31499	42	\$39.50		
Oats, Quick Rolled	31504	10	\$3.49			31506	40	\$5.84			31507	50	\$25.67			31509	23	\$28.54		
Oats, Regular Rolled			N/A			31515	40	\$5.84			31516	50	\$25.67			31518	25	\$28.66		
Popcorn, Yellow			N/A			31526	96	\$7.64			31523	50	\$29.47			31525	45	\$42.61		
Quinoa, Organic			N/A			31529	88	\$22.62			31530	25	\$58.35			31528	45	\$124.83		
Rice, Basmati Brown Organic			N/A			31532	84	\$16.61			31534	25	\$40.90			31533	43	\$77.56		
Rice, Brown Long-Grain			N/A			31539	84	\$7.99			31535	25	\$20.48			31538	43	\$48.23		
Rice, White Long-Grain			N/A			31552	88	\$7.49			31548	25	\$16.08			31550	44	\$43.35		
Rye			N/A					N/A			31553	56	\$27.19			31555	42	\$33.77		
Spelt, Organic			N/A			31563	85	\$13.26			31560	50	\$64.25			31562	42	\$72.15		
Triticale			N/A					N/A			31565	50	\$32.70			31564	40	\$41.35		
Wheat, Hard Red			N/A			31584	88	\$3.80			31586	50	\$15.37			31583	45	\$25.38		
Wheat, Hard White			N/A			31596	88	\$4.01			31598	50	\$16.95			31595	45	\$27.38		
BEANS & LEGUMES																				
16 Bean Mix			N/A			31032	84	\$11.69			37943	50	\$64.72			31031	42	\$66.82		
Black Turtle Beans			N/A			31048	90	\$10.54			30302	50	\$50.58			31047	42	\$59.53		
Great Northern Beans			N/A			31062	84	\$10.59			30303	50	\$52.57			31061	42	\$58.37		
Kidney Beans			N/A			31075	76	\$10.59			31076	25	\$31.75			31074	40	\$66.00		
Lima Beans, Baby			N/A			31044	88	\$11.19			31045	25	\$29.39			31043	43	\$65.01		
Lentils			N/A			31081	88	\$8.94			37946	50	\$41.95			31080	43	\$56.68		
Pinto Beans			N/A			31085	84	\$36.27			30305	50	\$42.67			31094	41	\$50.02		
Red Beans, Small			N/A			31106	90	\$9.74			30308	50	\$49.48			31105	41	\$54.96		
Refried Beans			N/A			31100	48	\$11.54			31103	35	\$71.37			31102	25	\$51.40		
Soybeans			N/A			31191	84	\$6.79			31192	25	\$16.14			31190	40	\$37.31		
Split Peas, Green			N/A			31212	98	\$7.84			31209	25	\$20.59			31211	45	\$44.68		
White Navy Beans, Small			N/A			31188	94	\$11.09			30310	50	\$54.49			31187	45	\$66.36		



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	CODE	OZ.	PRICE	QTY	TOTAL	CODE	OZ.	PRICE	QTY	TOTAL	CODE	LB.	PRICE	QTY	TOTAL	CODE	LB.	PRICE	QTY	TOTAL
DEHYDRATED FRUITS																				
Apples, Sliced	31365	5	\$5.24			31364	21	\$14.19			31363	15	\$107.60			31367	10	\$80.48		
Applesauce Powder	31368	12	\$8.19			31370	44	\$27.64			31369	35	\$282.80			31372	20	\$141.23		
Bananas, Sliced	31377	9	\$4.69			31374	36	\$8.04			32008	14	\$21.39			31376	14	\$36.92		
Mixed Fruit (Fruit Galaxy)	31378	12	\$13.99			31380	44	\$43.29			31379	30	\$299.85					N/A		
Peaches, Diced	31388	14	\$15.64			31390	52	\$49.39			31389	30	\$261.85					N/A		
Raisins, Golden Dried	31393	11	\$8.59			31394	48	\$29.09			31395	40	\$240.60					N/A		
MEAT SUBSTITUTES																				
Bouillon, Beef	31610	29	\$8.29			31609	116	\$23.64			31613	50	\$100.25			31612	50	\$114.63		
Bouillon, Chicken	31615	31	\$8.29			31614	116	\$23.64			31618	50	\$100.25			31617	50	\$114.63		
Barbecue Flavored Bits	32867	10	\$5.74			31627	52	\$17.89			31625	25	\$78.80					N/A		
Beef Flavored Bits	31628	10	\$4.29			31630	40	\$9.39			31629	25	\$41.90			31632	23	\$55.61		
Chicken Flavored Bits	31636	11	\$4.49			31638	33	\$8.69			31637	25	\$42.65			31640	18	\$50.56		
Ham Flavored Bits	31642	12	\$5.49			31643	36	\$11.44			30322	25	\$80.00					N/A		
Sausage Flavored Bits	31651	10	\$4.49			31655	40	\$10.19			31654	25	\$49.80			31652	20	\$59.18		
Taco Flavored Bits	31660	12	\$4.84			31662	56	\$12.89			31661	25	\$49.80			31664	25	\$65.38		
DEHYDRATED VEGETABLES																				
Broccoli	32471	6	\$7.54			32467	20	\$18.69			32468	15	\$115.52			32470	10	\$95.74		
Cabbage	32474	4	\$4.64			32472	20	\$13.04			32473	15	\$79.26					N/A		
Carrots, Diced	32475	12	\$6.24			32476	38	\$15.64			32553	20	\$79.82			32555	20	\$99.23		
Celery, Cross-Cut	32557	4	\$4.49			32556	18	\$9.74			32558	10	\$52.37			32560	8	\$48.61		
Corn, Super Sweet	32561	11	\$6.99			32562	38	\$18.79			35309	20	\$99.32			35311	20	\$117.73		
Green Beans	31072	6	\$6.69			31068	24	\$16.99			31069	13	\$83.85			31071	10	\$74.93		
Mushrooms, Sliced	35313	4	\$6.64			35314	9	\$13.34			35312	5	\$72.92					N/A		
Onions, Chopped	35315	12	\$5.59			35317	40	\$12.09			35316	15	\$49.37			35319	18	\$68.38		
Peas, Garden Sweet	35321	13	\$7.54			35322	49	\$21.59			35323	25	\$104.77			35325	25	\$112.38		
Peppers, Mixed Sweet Red & Green	35327	5	\$5.99			35326	20	\$12.24			35328	15	\$75.77					N/A		
Potatoes, Diced	35329	8	\$4.19			35333	36	\$8.59			35354	45	\$57.35			35335	16	\$40.99		
Potato Flakes			N/A			35337	32	\$6.74			35338	40	\$44.15			35340	15	\$33.18		
Potato Granules	35341	24	\$5.84			35345	88	\$12.04					N/A			35344	45	\$69.28		
Potatoes, Hashbrown			N/A			35347	27	\$7.94			35346	25	\$55.65			35349	10	\$53.13		
Spinach Flakes			N/A			35356	8	\$8.69			35355	5	\$29.17					N/A		
Sweet Potatoes, Diced			N/A			38099	44	\$16.24			38104	25	\$71.62					N/A		
Tomato Powder	35359	18	\$9.74			35363	68	\$28.99			35360	50	\$203.35			35362	35	\$161.13		
DAIRY PRODUCTS																				
Butter Powder	31302	14	\$10.79			31303	44	\$25.49			31304	50	\$279.60			31306	25	\$163.68		
Buttermilk Powder	31333	17	\$5.49			31335	68	\$16.49			31334	50	\$106.70					N/A		
Cheese Blend Powder	31307	16	\$8.54			31310	65	\$25.04			31311	50	\$205.95			31309	25	\$117.93		
Egg Whites, Powdered	31320	13	\$11.24			31321	48	\$42.24			31322	50	\$438.75					N/A		
Eggs, Powdered Whole	31323	13	\$7.64			31324	48	\$20.64			31325	50	\$260.25			31327	25	\$131.43		
Margarine Powder	31329	14	\$6.49			31330	44	\$12.09			31328	50	\$122.30			31332	25	\$73.23		
Milk, Instant Nonfat	31336	15	\$5.00			31340	60	\$13.63			31338	50	\$125.37			31339	30	\$102.33		
Milk, Regular Nonfat	31353	16	\$4.80			31352	64	\$11.38			31351	50	\$91.35			31349	35	\$121.76		
Morning Moo Milk Substitute			N/A			31347	64	\$14.40			31348	50	\$123.13			31346	35	\$102.57		
Morning Moo Chocolate			N/A			31343	80	\$15.54			31344	50	\$123.13			31342	35	\$102.57		
Sour Cream Powder	31354	12	\$9.14			31355	48	\$27.89			31356	50	\$291.72					N/A		



FOOD STORAGE ORDER FORM

PRODUCT DESCRIPTION	#2.5 (QUART SIZE) CAN					#10 (GALLON SIZE) CAN					BULK BAG OR BOX					MYLAR-LINED SUPERPAIL					
	CODE	OZ.	PRICE	QTY	TOTAL	CODE	OZ.	PRICE	QTY	TOTAL	CODE	LB.	PRICE	QTY	TOTAL	CODE	LB.	PRICE	QTY	TOTAL	
BAKING SUPPLIES																					
Baking Powder, Aluminum-Free	31252	16	\$7.14			31253	80	\$13.99					N/A					N/A			
Baking Soda	31254	32	\$4.64			31419	116	\$8.94			31255	50	\$33.18			37942	50	\$49.48			
Cocoa, Unsweetened Dutch Baking	33403	14	\$5.99			33404	48	\$13.49			33402	50	\$131.70					N/A			
Cornstarch	31264	18	\$3.54			31267	68	\$6.64			32877	50	\$33.58					N/A			
Peanut Butter Powder	31279	13	\$6.49			31280	48	\$17.24					N/A					N/A			
Salt, Iodized	31286	32	\$3.84			31284	128	\$6.89			31285	25	\$8.72			31288	50	\$32.50			
Sea Salt, Real Natural	31293	32	\$11.97			31289	128	\$35.54			31292	25	\$63.95			38019	50	\$144.98			
Shortening Powder	31296	14	\$5.59			31297	44	\$11.09			31298	50	\$102.35			31300	25	\$65.63			
Sugar, Brown			N/A			32459	67	\$9.69			38021	50	\$59.63			32458	45	\$70.87			
Sugar, Powdered			N/A			32463	60	\$9.19			38022	50	\$49.98			32462	40	\$55.65			
Sugar, White Granulated			N/A			32466	94	\$10.24			32464	25	\$21.33			38023	45	\$61.85			
Yeast, SAF Instant			N/A					N/A			31301	1	\$3.26					N/A			
MIXES																					
Alphabet Soup Mix			N/A			31671	84	\$9.54			32884	25	\$23.34			31670	43	\$51.79			
Beef Gravy Mix	31677	20	\$7.89			31678	70	\$21.19					N/A					N/A			
Biscuit Mix, Buttermilk Complete			N/A			31689	51	\$7.49			31691	25	\$31.44			31690	25	\$45.20			
Cake Mix, Chocolate Complete			N/A			32121	73	\$11.49			32126	25	\$42.78					N/A			
Cake Mix, White Complete			N/A			32120	69	\$10.99			32125	25	\$42.78					N/A			
Gelatin Mix, Strawberry Flavor	38052	27	\$7.99			38051	96	\$19.14					N/A					N/A			
Hot Cocoa Mix	31214	24	\$7.59			31217	90	\$16.59			31221	25	\$46.62			31216	38	\$84.21			
Wheat Bread Mix			N/A			31715	68	\$7.99			31712	25	\$24.75			31713	25	\$44.21			
White Bread Mix			N/A			31718	68	\$9.49			31719	25	\$27.95			31717	25	\$48.33			
Brownie Mix, Fudge Complete			N/A			31710	84	\$13.14			31711	25	\$35.80					N/A			
Muffin Mix, Basic			N/A			30213	72	\$12.89			32926	25	\$43.30					N/A			
Orange Drink Mix with Fructose	31237	25	\$7.99			31233	105	\$19.74					N/A			31236	50	\$93.93			
Pancake Mix, Buttermilk Complete			N/A			31695	63	\$8.54			31696	25	\$26.50			31694	25	\$46.82			
Pudding Mix, Banana Instant	31672	22	\$8.89			31674	80	\$23.39			31673	50	\$169.59					N/A			
Pudding Mix, Chocolate Instant	31702	20	\$8.44			31704	76	\$22.89			31703	50	\$177.38					N/A			
Whipped Topping Mix	31777	22	\$7.99			31779	71	\$20.14			31778	50	\$144.25					N/A			
White Cream Sauce Mix	32271	16	\$6.99			32275	63	\$17.74			32272	50	\$104.50					N/A			
Name:																Phone:		Subtotal of all products:			
Address:																Sales Tax (if applicable)*:					
Email:																Shipping**:()					
															Total Enclosed:						

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**Idaho residents add 6% sales tax, Utah residents add 3% food sales tax.*

***Standard ground shipping is \$10.00 plus 75¢ per pound. Other shipping or customer pick-up options may be available in your area. Please call us to learn more.*

Please attach a check or money order payable to Provident Living.